Session 642
Halting the Childhood Obesity Epidemic:
Identifying Decisive Interventions in Complex Systems
14 - 19 December 2019

Program
Day 1:
Saturday
14 December, 2019

Participant Arrivals
13:00 Drinks and Snacks (until 15:30) / ML
14:00 Hotel check-in / R

15:30 Welcome / PH
Clare Shine, Vice President & Chief Program Officer, Salzburg Global Seminar
Jamie Bussel and Martha Davis, Senior Program Officers, the Robert Wood Johnson Foundation

15:50 Introductions of Participants / PH
John Lotherington, Program Director, Salzburg Global Seminar

17:00 Tour of the Schloss / GH

17:45 Opening Remarks / PH
Jamie Bussel and Martha Davis, Senior Program Officers, the Robert Wood Johnson Foundation, USA, interviewed by John Lotherington

18:15 Table Discussions / PH

18:45 Dinner / MH

If no room allocations are indicated, these will be announced in the course of the program.

Please see the floor plan at the end of the Program for reference.
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Program
Sunday
15 December, 2019

Day 2

07:30 Breakfast / MH

09:00 Connecting the threads / PH
Participants who attended the session last December, ‘Healthy Child, Healthy Weight’, flag up ideas to take forward

09.30 Session 1 / PH
What are the most critical conditions that are impacting our children’s risks of obesity? How have they been changing in recent generations as the epidemic gathered pace? What is the importance of systems thinking in addressing these issues?

11:00 Coffee & Tea Break / VR

11:30 Session 2 / MRL / MGR / CR
Innovations, policies, and practices achieving better, more equitable outcomes in childhood obesity

1. Engagement: how best to understand obesity with, for and by children
2. How best to focus on life course approaches
3. Changing the narratives: better ways of talking about obesity in public discussion

‘Goldfish bowls’ – small group discussions - followed by plenary in GH

13:00 Lunch / MH

14:00 Walk and talk - prioritization of key issues / MEET AT RECEPTION
(For those who would like to join and depending on weather.)
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15:00 Session 3 / GH / MRL / CR / MGR

Problem Solving Labs: What are the most significant changes to the food and beverage industry that could have the biggest impact? How do we get politicians and companies to make those changes?

i. Where has the strategy of regulation of labelling proved most effective? What are the greatest challenges to this strategy; and how can they be mitigated? How to respond to industry lobbying power?

ii. Where has the strategy of sugar taxes proved most effective? What are the greatest challenges to this strategy; and how can they be mitigated? How to respond to industry lobbying power?

iii. What can be achieved at the city and community level that changes the food and beverage industry and landscape, particularly for under-served communities?

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The role of politics and special interests more generally:

iv. How to address the politics of obesity in an age of populism?

16:30 Informal discussion groups, posted by participants
/ GH / MRL / MGR / CR

Coffee & Tea available / VR

18:00 Close

18:30 Dinner / MH
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Program

Monday
16 December, 2019

Day 3

07:30 Breakfast / MH
09:00 Review / PH
09:15 Session 4 / PH

What is the potential impact in bringing together health care, public health, and social services to change the support that children and families at risk receive? And to address adverse childhood experiences contributing to obesity, particularly in the critical window of early childhood?

10:45 Coffee & Tea Break / ML

11:15 Open Space Knowledge Exchange/Case Clinics / PH

Participants post questions or discussions they want to have with others. People self-organize into small groups around the topics they are most interested in.

12:45 Light Lunch / ML

14:00 Free afternoon: optional walk into Salzburg for concert at Mozart's Birth-house and Christmas markets (meet in front of the Meierhof)

17:30 Knowledge Café / PH

Knowledge café with several stations showcasing projects and themes around the childhood obesity epidemic. Participants move every 30 minutes among stations. Each table has a facilitator who gives a brief impulse talk on the topic, leads the discussion, and records major points to be posted to the whole group.

19:00 Dinner / MH
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Program

Tuesday
17 December, 2019

Day 4

07:30  Breakfast / MH

09:00  Review and Working Group proposals / PH

09:30  Session 5 / PH

What might be the key drivers in prioritizing the most transformative, evidence-based approach to childhood obesity prevention with a measurable impact on disparities in prevalence rates in three to five years? What thought leadership in healthcare, human/social service organizations, philanthropy and political life is necessary to change the culture and achieve this?

11:00  Coffee & Tea Break / VR


12:45  Group Photo

13:00  Lunch / MH

14:30  Working Groups – Continued / MRL / CR / MGR / GH

16:00  Coffee & Tea Break / VR

16:30  Peer Coaching / MRL / CR / MGR / GH

18:00  Close

19:00  Dinner / MH
Session 642

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14 - 19 December 2019

### Program
**Day 5**

**Wednesday**

18 December, 2019

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>07:30</td>
<td>Breakfast</td>
<td>MH</td>
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<tr>
<td>09:00</td>
<td>Review</td>
<td>PH</td>
</tr>
<tr>
<td>09:15</td>
<td>Rework Recommendations</td>
<td>PH</td>
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<tr>
<td>11:00</td>
<td>Coffee &amp; Tea Break</td>
<td>ML</td>
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<tr>
<td>11:30</td>
<td>Plenary Presentations of Recommendations</td>
<td>PH</td>
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<tr>
<td>12:30</td>
<td>Working Lunch</td>
<td>ML</td>
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<tr>
<td>12:45</td>
<td>Plenary Presentations of Recommendations Cont.</td>
<td>PH</td>
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<tr>
<td>14:00</td>
<td>Taking the Work Forward</td>
<td>PH</td>
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<tr>
<td>15:00</td>
<td>Close</td>
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<tr>
<td>19:30</td>
<td>Reception</td>
<td>MRL</td>
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<tr>
<td>20:00</td>
<td>Banquet Dinner</td>
<td>MH</td>
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Afterwards concert in the Great Hall

### Program
**Day 6 – Departure Day**

**Thursday**

19 December, 2019

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>07:30</td>
<td>Breakfast (until 10:00)</td>
<td>MH</td>
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<tr>
<td>11:00</td>
<td>Participants check-out</td>
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Floor Plan: Schloss

Basement
The Bierstube can be found in the Schloss basement.
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Floor Plan: Meierhof

Ground Floor

First Floor

CCR Cone Conference Room
MC Meierhof Cafe
ML Meierhof Lobby
PH Parker Hall
R Reception

Haaga Courtyard